

BICYCLE FRIENDLY UNIVERSITY FEEDBACK REPORT 2015

UNIVERSITY OF ILLINOIS, URBANA-CHAMPAIGN

Congratulations! The League of American Bicyclists has designated **University of Illinois at Urbana**-**Champaign** as a Bicycle Friendly University at the **Bronze** level. Reviewers were very pleased to see the current efforts and dedication to promoting cycling for transportation and recreation on your campus.

Highlights of the application include: Campus Bike Center; cyclist diversion program; Light the Night; Friday Rides; involvement in C-U Bike Month, Bike to Work Day, and Bike to Campus Day; Bike@Illinois and BikeFace tabling at events, including Quad Day; BikeFace Fix-It days; new safety handouts targeting international students; *Every Bike Counts* annual campus bike census; sponsoring and hosting the Illinois Bike Summit; financial support for Champaign County Bike Map.

Below, reviewers provided key recommendations to further promote bicycling at University of Illinois at Urbana-Champaign along with a menu of additional pro-cycling measures that can be implemented in the short and long term. (Short-term recommendations that often see quickest results are **highlighted in bold**.)

We strongly encourage you to use this feedback to build on your momentum and continue to improve your campus for bicyclists.

There may also be initiatives, programs, and facilities that are not mentioned here that would benefit your bicycling culture, so please continue to try new things to increase your ridership, safety, and awareness!

The key measures University of Illinois, Urbana-Champaign should focus on to improve cycling on campus:

- Increase the amount of high quality bicycle parking at popular destinations on campus. Prioritize indoor, secure, and/or covered parking where possible. *(See Engineering)*
- Continue to expand and improve the bike network and increase network connectivity for bicyclists throughout campus. *(See Engineering)*
- Launch a campus-wide bike sharing system for all students, faculty, and staff. *(See Encouragement)*
- Offer cycling skills classes, Traffic Skills 101 classes, and bike commuter classes, as well as regular bike maintenance workshops on campus. *(See Education)*
- Increase the number of campus security officers who patrol on bikes, and ensure that all campus security officers are initially and repeatedly educated on the "Share the Road" message and traffic law as it applies to bicyclists and motorists. *(See Enforcement)*
- Ensure that there is dedicated funding for the implementation of the bicycle master plan, as well as ongoing bicycle infrastructure and programing needs. *(See Evaluation & Planning)*
- Expand efforts to evaluate crash statistics and produce an updated plan to reduce the number of crashes on campus. *(See Evaluation & Planning)*

Menu of additional recommendations to further promote bicycling:

Engineering

Provide <u>ongoing training</u> opportunities for engineering and planning staff related to accommodating bicyclists. Consider <u>providing</u> <u>APBP memberships</u> for one or more related staff.

Ensure that there are easily-accessible end-of-trip facilities for all bicyclists commuting to your campus. Consider a policy requiring showers and locker rooms in all non-residential buildings. One of the most common excuses people use to not commute by bike is that they don't have a shower at their destination. Also make sure to provide showers and lockers as a benefit not as an additional cost to off-campus students and employees.

Continue to increase the amount of <u>high quality</u> <u>bicycle parking</u> at popular destinations such as transit stops, class room/lab buildings, dorms, recreation and entertainment facilities, and retail and office locations on campus. More and more institutions also ensure that off-campus student housing provides secure and covered bike parking. Ensure that all bike parking conforms to the <u>Association of Pedestrian and</u> <u>Bicycle Profressionals</u> (APBP) <u>bike parking</u> <u>guidelines</u>. Provide covered bike parking on your campus, particularly near residence halls. Covered bike parking protects bikes from sun and precipitation, thus potentially adding years of life to a bike. It is more comfortable and more convenient for bike owners, and it is a great way of illustrating the administration cares about bicycling.

Provide more secure bike parking on campus through the use of **bicycle lockers**, indoor bike rooms, or **bike cages**. Students and employees will feel more comfortable bringing nicer bikes to campus if they know the bike can be safely and securely stored. **Portland State University has a successful permit program** for its indoor bike rooms. **University of Wisconsin-Madison offers paid bicycle parking** via bike lockers and cages.

Consider constructing a bike station to provide centrallylocated, secure and covered parking for cyclists. Like the **Bike Center at the University of Minnesota**, a bike station can also serve as a hub for commuters providing repair services, shower and locker facilities, and bike route, and event information. <u>Check out other areas</u> that have already implemented similar facilities.

Allow students who live on campus to store their bikes in their dorm rooms. See Northwest University's <u>Campus Life policies</u> relating to bicycle storage in campus housing.

Work with local jurisdictions to continue to expand and improve the bike network and to increase network connectivity through the use of different types of **bike lanes**, **cycle tracks** and **shared lane arrows**. Onstreet improvements coupled with the expansion of the off-street system **will encourage more people to cycle** and will improve safety. Ensure smooth transitions for bicyclists between the trail network and the street network. These improvements will also increase the effectiveness of encouragement efforts by providing a broader range of facility choices for users of various abilities and comfort levels. Ensure that all bicycle facilities conform to current best practices and guidelines – such as the **NACTO Urban Bikeway Design Guide**, **AASHTO Guide for the Development of Bicycle Facilities** and your state or local DOT's own guidelines.

Develop a system of **bicycle boulevards** that creates an attractive, convenient, and comfortable cycling environment welcoming to cyclists of all skill levels. **Learn more about bicycle boulevards**.

Place way-finding signage at strategic locations around campus. <u>Here are some best practices</u> from the Washington, DC area council of governments.

Make signalized intersections safer and more comfortable for cyclists. Include elements such as color, signage, medians, signal detection, and pavement markings. The level of treatment required for bicyclists at an intersection will depend on the bicycle facility type used, whether bicycle facilities are intersecting, the adjacent street function and land use. See the <u>NACTO design</u> <u>guidelines</u> for recommended intersection treatments. Adequately maintain your on and off road bicycle infrastructure to ensure usability and safety. Increase the frequency of sweepings and address potholes and other hazards more quickly.

Education

The League of American Bicyclists offers a pocket-sized *Smart Cycling Quick Guide* that can be purchased in English and Spanish for distribution on your campus. Preview the guide and learn more at <u>bikeleague.org/quickguide</u>.

The League offers <u>a series of educational videos</u> that can easily be downloaded or shared online. Topics range from How to Choose a Bicycle, to proper steering, signaling, and intersection positioning on a bike. Use these videos to educate your students, faculty, and staff on bicycling basics. Use the videos as part of new student orientation training, or as a prerequisite to using the campus bike share program. Make these videos available on your website and share on social media to promote bike safety education to broader audiences. View and download the videos at: <u>bikeleague.org/ridesmartvideos</u>.

Consider offering a motorist ticket diversion program in addition to the cyclist program, as a way to educate more motorists on "Share the Road" messages. Offer Cycling Skills classes, Traffic Skills 101 classes and bike commuter classes or contact your local bicycle group to see if there are classes in your area that could be promoted to students and employees. Ideally the instruction would incorporate a classroom portion as well as on-road training. The classroom portion of Traffic Skills 101 is now available <u>online</u> as well. For more information visit: <u>bikeleague.org/ridesmart</u>.

Team with a local bicycle group, bicycle shop or a League Cycling Instructor in your area to offer frequent maintenance workshops on campus more frequently. Aim to offer these opportunities monthly to reach a wider audience of students and employees. A short tutorial on how to change a flat can empower a person to ride their bike more often.

Bicycling should be offered regularly within physical education course offerings.

Host a League Cycling Instructor (LCI) seminar to increase the number of local LCIs. Having local instructors will enable your institution to expand cycling education, recruit knowledgeable cycling ambassadors, deliver education to motorists, and have experts available to assist in encouragement programs. Visit bikeleague.org/ridesmart for more information.

Start a motorist education program for your institutions' professional drivers, including delivery and operations/facilities staff. See San Francisco's <u>Frequent</u> Driver Education.

Encouragement

Launch a bicyclist mentorship program. A bike mentorship program that teams experienced cyclists with newcomers is a great way to encourage and educate. Mentors can offer advice on bike routes, appropriate gear, safe riding and much more. It also gives new commuters a support group to rely on and often makes them feel more secure and excited about their first few rides. Learn about UCLA's Bike Buddies program.

Establish a formal incentive program for those who bike commute. This could include such benefits as cash incentives, a Guaranteed Ride Home program, car share discounts and coupons for local bike shops. Check out the <u>University of Minnesota's Zap! program</u> and see how <u>Harvard encourages employees to bike to</u> work through the Bike Commuter Tax Benefit.

Consider offering bike valets at events throughout the year to solve parking issues at well-attended events. For example, Boise State University offers bike valet service at football games. See what the University of Arizona is doing to encourage bicycling through an <u>all year bike valet</u>.

Ensure that your marketing and admissions departments promote the bicycle-friendliness of your campus to current and prospective students and employees. Cycling is an important lifestyle choice for more and more young people and

catering to these interests will improve your institution's competitiveness.

Recreational bicycling can be promoted through nearby bicycle amenities such as a mountain bike park, a cyclocross course or a pump track. If such facilities exist, partner with local organizations to promote these resources to on-campus students.

Launch a campus-wide bike sharing program for students, faculty and staff. A successful campus bike share system is a convenient, cost effective and healthy way of encouraging students and employees to make short trips by bike. For inspiration, see what is being done at **Emory University in Partnership with Fuji**, see how **Yale is using Zagster bikes** for its bike share program, and check out the automated **Wolf Ride Bike Share system at Stony Brook University**.

Enforcement

Offer affordable bike lock rentals or free bike locks to students and employees to help reduce bike theft on campus. See <u>Portland State</u> <u>University's U-lock Rental program</u>.

Increase the number of Public Safety officers that patrol campus on bikes, as it gives officers a better understanding of the conditions for cyclists. Also ensure that streets as well as secluded off-road paths are regularly patrolled to

improve personal safety and encourage more people to take advantage of these amenities.

Ensure that all Public Safety officers are initially and repeatedly educated on the "Share the Road" message and traffic law as it applies to bicyclists and motorists. Training is offered by the International Police Mountain Bike Association, the Law Enforcement Bicycle Association and the National Highway Traffic Safety Administration. Here are some recommended Law Enforcement Products: Bicycle Safety <u>seminar</u>; Law Enforcement's <u>Roll Call Video: "Enforcing Law for</u> <u>Bicyclists"</u>; and <u>Enhancing Bicycle Safety: Law</u> <u>Enforcement's Role (CD-ROM Training)</u>. Encourage at least one of your Public Safety officers to become a <u>League Cycling Instructor</u>.

Have Public Safety officers distribute helmets (or coupons to a local bike shop) to encourage all types of cyclists to ride more safely and to remove the barriers to attaining this essential bike accessory. <u>See the helmet</u> **promotions at Stanford**.

Pass additional campus laws or ordinances that protect cyclists, e.g. implement specific penalties for motorists for failing to yield to a cyclist when turning, make it illegal to park or drive in a bike lane (intersections excepted), implement penalties for motor vehicle users who 'door' cyclists, and specifically protect all vulnerable road users.

Evaluation & Planning

Continue to expand the bike program on your campus to encompass all 5 E's. See what other universities are doing and what resources are available for higher ed institutions: **universitybikeprograms.org**.

Expand the Bicycle Program Manager's time focused on bicycle projects, or create a new full-time position. This staff person should spend more time working closely with the **Bicycle Advisory Committee**, reviewing development proposals to ensure that bicycle requirements are incorporated and to assess bicycling impacts, developing and implementing educational and promotional programs, writing grant proposals, serving as the contact for bicycling inquiries and complaints, educating other staff about state and federal facilities standards and guidelines, and coordinating with neighboring communities, transit agencies and other departments to implement policies and projects. <u>See</u> <u>this report on the importance of Bicycle &</u> <u>Pedestrian program staff</u>.

Fully implement the <u>campus bike master plan</u> and continue to close gaps in the cycling network. Complement infrastructure planning with encouragement, education, and enforcement programs to increase ridership and safety.

Ensure that there is dedicated funding for the implementation of the bicycle master plan, as well as ongoing bicycle infrastructure and programming needs. Dedicating a portion of automobile parking fees toward non-automobile facilities and services is a great way to establish a baseline annual budget for bicycle improvements. You can also reach outside the university for grants and private funding for specific projects.

In addition to the periodic manual counts currently conducted, consider participating in the <u>National Bicycle and Pedestrian</u> <u>Documentation Project</u>.

Install automatic bicycle counters on your campus to better gauge ridership on an ongoing basis. Look into tools such as the <u>EcoCounter</u> for automatic electronic counters, or online services like the <u>National Bike</u> <u>Challenge</u> for self-reporting data collection. Learn about <u>UCLA's automated bike counter</u> and <u>publicly</u> <u>available ridership data</u>. See how the University of Minnesota uses the <u>Zap! Program</u> to track and reward ridership on their campus.

Develop a reporting system to track bicycle, bicycle/pedestrian, and bicycle/automobile crashes to help identify conflict points that may need special attention.

Expand efforts to track and evaluate crash statistics to produce a specific plan to reduce the number of crashes on campus. Available tools include <u>Intersection Magic</u> and <u>PBCAT</u>. See the report <u>Bicyclist Fatalities and</u> <u>Serious Injuries in New York City 1996-2005</u>.

Distribute a **<u>satisfaction survey</u>** to students and faculty. Analyze responses to assess barriers, and direct

resources according to demand and the needs of the commuter.

Consider conducting an <u>economic impact study</u> on bicycling within your college/ university.

For more ideas and best practices please visit the **Bicycle Friendly University Resource Page**.

Please also see the attached document for additional comments and feedback from bicyclists on your campus.

Benefits of Further Improving University of Illinois, Urbana-Champaign for Cycling

Increasing bicycle use can <u>improve the environment</u> by reducing the impact on the community of pollution and noise, limiting greenhouse gases, and improving the quality of public spaces; **Reduce congestion** by shifting short trips (the majority of trips in cities) out of cars. This will also make campuses more accessible for public transport, walking, essential car travel, and emergency services; **Save lives** by creating safer conditions for bicyclists and as a direct consequence improve the safety of all other road users. <u>Research shows</u> that increasing the number of bicyclists on the street improves bicycle safety; **Increase opportunities** for students, faculty and staff to participate socially and economically in campus and community activities, regardless of income or ability.

Greater choice of travel modes also increases independence; <u>Boost</u> <u>the economy</u> by creating a campus environment and community that is an attractive destination for new students, residents, tourists and businesses; <u>Enhance recreational opportunities</u> and further contribute to the quality of life on campus; <u>Save university funds</u> by increasing the efficient use of public space, reducing the need for costly new road infrastructure, preventing crashes, improving the health of the campus community, and increasing the use of public transport; **Enhance campus safety and security** by increasing the number of "eyes on the street" and providing more options for movement in the event of emergencies, natural disasters, and major campus events; <u>Improve the health and well being</u> of the campus population by promoting routine physical activity.