

TAKING ONE MORE STROKE



TED Talk: Eco Edition

Hosted by April Wendling

6/15/2022



ABOUT ME

iSEE Communications Specialist

Journalism Master's Student

BS in ESES and Geography from UIUC

Today's TED Talk

by Schuyler Bailar, a trans NCAA swimmer





**“Success isn’t about
winning. Success is
about continuing to
not give up.”**



“What if I fail? I can’t control that. What I can control is I’m gonna get up on that block, and I’m gonna do a dive.”

Discussion

- What aspect of the fight for sustainability has you feeling pessimistic / exhausted / overwhelmed?
- In what ways can we take “one more stroke” for sustainability? How do you motivate yourself to continue to take “one more stroke”?



**“While I’m here
because of my own
decision to take one
more stroke, I’m also
here because of every
single person who
chose to give me
strength.”**

Discussion

- Sustainability challenges demand societal solutions. How can we give each other the strength to continue to take “one more stroke”?



CLOSING THOUGHTS

Share how *you* will commit to taking “one more stroke” and supporting others as they do the same



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