

Learn How to Ride a Bike event held on 10/07/2023

The Transportation Demand Management department of the F&S organized a 'Learn How to Ride a Bike event' on Saturday, October 7th, 2023 between 11am and 1:30pm. Instructors, Cynthia and Lily were hired to conduct the session, with assistance from me. In preparation for the event, two balance bikes were collected by me and delivered to the Campus Bike Center on Friday.

On the event day, Jacob from the Campus Bike Center met me at 10:30am to pick up the balance bikes and transport them to the basketball courts on Oak Street. Cynthia and Lily arrived at by 10:45 am bringing with them a balance bike and three folding bikes with pedal. Three out of the four registered students attended the event.

After introductions at 11am, Cynthia and Lily gave instructions about helmet usage and bike safety. Students then spent approximately an hour learning to balance and use brake on the balance bikes. Once they felt confident, they transitioned to folding bikes with the pedals. Initially, students faced challenges with balancing and pedaling, but they gradually improved.

By 12:30pm, two out of the three students were successfully riding bicycles at the basketball courts, though they were still working on braking. One student struggled with balancing and pedaling, prompting Cynthia to provide personalized assistance by guiding her downhill along the mounds next to the courts to help with balancing and pedaling.

By 1pm two out of the three students had learned to ride bicycles, while the third student received additional one-on-one training for the following day due to time constraints.

At Jacob arrived at 1:45pm to pick up the balance bikes and the folding bikes were loaded into Cynthia's car. The event concluded with a group photo, where students shared their experiences and expressed excitement about future bike riding. They also received informational booklets on bicycle safety, signaling, and bike maintenance from Cynthia and Lily.