



TRASH AND I: EXPLORING OUR RELATIONSHIP WITH TRASH

Presented by the F&S Zero Waste Team



Institute for Sustainability, Energy, and Environment (iSEE)
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



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AFTER TONIGHT

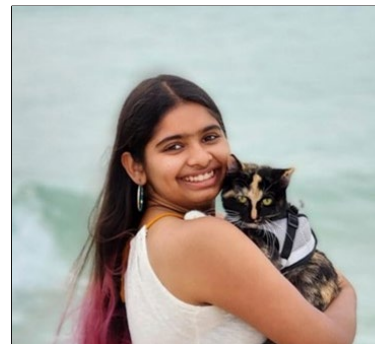
1. I can define what waste is and how it is dealt with.
2. I can reflect on my consumption habits and determine what types of waste I can reduce.
3. I can brainstorm ways I can reduce my waste production and convert it into action.

MEET US



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WHAT IS WASTE?

- Items that are consumed and discarded
 - Have multiple sources
 - Recyclables baled and sold, trash goes to landfill
- Rob Greenfield claims that Americans can produce up to one ton of trash per year
 - 5 lbs of trash per day!
- Why do we generate so much trash?



THE 7 Rs

**RETHINK, REFUSE, REDUCE, REUSE,
REPAIR, REPURPOSE, ROT, RECYCLE**

What are examples for each of these actions?



DISCUSSION

1. What was your initial reaction to seeing the trash suit?
2. What do you think about Rob Freenfield's use of the phrase "organized littering" to describe the landfill?
3. What were your main take-aways from the video?
4. What are your thoughts of the video? Is there anything you disagree or agree with?
5. How might we address the root issue of consumerism?
6. What are some methods that you implement to reduce waste, if any? If you haven't started, what are some actions, whether big or small, that you'd like to try doing to reduce your waste?



TAKE ACTION!

- Baby steps: start addressing where you produce the most waste and make it a habit to minimize that.
- “Use the Bin” Pledge: bit.ly/usethebin